

創作坊 C-GARDEN

Tai Po Old Market Public School

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《我生病了》

3A 劉智韜

某一天早上，起床後，我感到渾身無力，全身發熱，像一隻被煮熟的小雞。我一直咳嗽，鼻子像被鼻涕大軍入侵一樣，無法呼吸。

媽媽看到我的早餐一動不動的，便好奇地問我：「今天的早餐不合你胃口嗎？還是哪裏不舒服？」我回答：「我好像感冒了。」

於是，媽媽拿出體溫計幫我量體溫，她驚訝地說：「呀！這麼燙，現在帶你去看醫生。」媽媽幫我穿上衣服，準備去診所。

去診所的路上，我被抱在媽媽的懷裏，像在天堂裏飛呀飛，沒過多久就到了醫院。

終於到我進診症室了，醫生說我患上了重感冒，吩咐我要多喝水，少吃涼的食物，多吃蔬菜水果，這樣才會康復。

最後，我吸取了這次生病的教訓，要注意衛生，多吃健康的食物，病毒才不會入侵我們的身體。

《暑假裏的一天》

3A 陳茜如

在暑假裏一個陽光明媚的早晨，我和爸爸媽媽懷著期待的心情出發到大澳。

首先，我們坐船出海看中華白海豚和暢遊棚屋。一排排建於水中的棚屋映入眼簾，風景如詩如畫。撲面而來的海風帶著淡淡的海水味，令人心曠神怡。

接著，我們到了大澳街市街，我們不但吃了很多地道小吃，還買了大澳特產——蝦乾和蝦醬。

傍晚，我們懷著依依不捨的心情離去。

《我生病了》

3C 陳湘澄

我的同班同學王菁生病了，我聽到這個消息後，感到憂心忡忡，因為我前一天和他一起聊天，所以他可能會傳染給我。果然，隔天我真的生病了。

最初，我頭痛欲裂，像是被斧頭一下一下地砍劈着。然後，我發燒得像開水一樣燙，鼻子塞得像被塞了水松木塞的酒瓶，鼻涕不由自主地滑下來，伴隨着咳嗽和像被火燒的喉嚨痛。看到這個情況的爸爸和媽媽馬上帶我到醫院求醫。

我一邊在醫院等候，一邊不斷地咳嗽，所有人都退避三舍，我心裏感到不是滋味兒。終於到我看醫生了，醫生的診斷結果是我的喉嚨發炎和得了重感冒。醫生說要定時定量吃藥，還叮囑我要多休息、多喝水、避免吃煎炸和冷凍的食品，這樣才會早日康復。

這次生病的經歷令我知道生病是那麼的難受，我以後會注意健康。

Helping People Brings Happiness

5B Leung Hei Ching

Peter likes to help others. He feels satisfied when Peter lends a helping hand.

Today, Peter saw a lost girl crying at the corner when Peter was wandering around the mall. Peter was shocked and walked towards her. The little girl wailed, 'Mum, where are you?' He realized she got lost so he comforted her and she stopped crying. Peter asked her, 'What does you mum look like?' She replied, 'She has straight hair and she wears a red T-shirt.'

Therefore, Peter held the little girl's hand tightly and looked for her mum in the mall. She was upset because she couldn't see her mum. They went to the information desk to find her mum. Peter described the appearance of her mum to the staff. The staff asked the little girl, 'What is your name?' The little girl answered sadly, 'My name is Candy.' The staff turned on the loudspeaker and said, 'Candy's mum, please go to the information desk to pick up your daughter.'

Soon, her mum came hastily. She breathed a sigh of relief. She grasped Peter's hand and thanked him. Finally they beamed with delight and left.

Peter thought helping others is the key to happiness.

A letter to the editor

4B Lee Tsz Ying Ginnie

25th September, 2023

Dear editor,

I am writing to tell you about how I spend time with my friends. I have two best friends. Their names are Ben and Jenny. We often stick together wherever we go. However, we sometimes need to attend the school activities on Mondays and Fridays.

At weekends, they usually go to my home to play TV games. After that, we usually go to the library to read some interesting storybooks because we all like reading very much.

During our recess time, we often go to the canteen to buy some snacks to eat. There are a lot of classmates, so we always need to queue up for a long time.

After school, we always go to the playground to play on the swings but we seldom go to the countryside to walk around. It is too tiring.

Thank you for reading my letter. I hope you like my ideas!

Love,

Joe

My Good Neighbor

3C Chan Pak Ching

There is a saying: A good neighbor is a priceless treasure.

I have a good neighbor. His name is David.

David is as tall as a giraffe but he is not as tall as me. He is slim like my brother. I think they can be friends. He keeps his hair short because he enjoys swimming. He wears red glasses because he likes this colour.

David is shy because he does not want to answer any questions when we have lessons. He is funny too. He always does funny things to make me laugh. I think David is gentle and friendly because he is kind to his friends. He has a lot of friends.

David loves to sing. His favourite song is The Red Racing Car. He loves chatting with me too. We always chat for a long time. I think he is good at doing sports. He can skip, run, cycle, swim and play football.

David loves to eat apples but he does not like to eat green apples. He also loves to eat French fries. His favourite cartoon is Spider-Man, and it is red too.

I hope we can be good neighbours forever.

《第一次做水餃》

3C 杜柏睿

今天，我和媽媽一起做水餃，這是我第一次做水餃。

因為冬天到了，天氣很冷，所以便做水餃，避免身體着涼。一開始聽到要做水餃，我緊張得汗流浹背。

接着，我和媽媽準備好材料便開始做水餃，雖然內心仍有一些緊張，但一想到美味的水餃，還是忍不住有些興奮呢！媽媽拿出粗糙的麪粉，但不一會兒，我便把麪粉變成了一個又大又光滑的麪皮了。然後，我把麪皮沾上水，再把肉餡放進麪皮。一開始做得很醜陋，像一個脹鼓鼓的口袋，而媽媽包的就像藝術品一樣，但我沒有灰心。經過努力，我包得一個比一個好，最後包得完完整整。我這時才明白，原來之前沾的水太少，所以包出來的水餃不美觀。最後，我把水餃放進滾燙的水裏，煮幾分鐘，便可食用，我吃得津津有味。

我終於知道每一件事都要有堅持便能成功，這次的經歷真令我開心！

Film Review

Elemental

6C Leung Choi Ying

The story tells us about a special city which have wind, water, fire and earth element residents. I fire element Ember Lumer and a water element Wade Ripple fall in love by a plumbing accident. They explore what they have between two different elements.

This film was very interesting with brilliant graphics. They want to find out the cause of water pipe leakage and launch a thrilling journey. She repairs the cause of water leakage and then she found out her own interest.

I liked Ember Lumer very much. She showed 'filial piety' because she helped her parents to take care of the shop but she did not like serving the customers. She tried hard to control her emotion and listened to the needs of the customers.

I would highly recommend this film to my friends.

Cindy

《小號》

6A 鄭朝匡

啊！準備到我上台表演吹小號了，我心情很緊張，但幸好還有一個戰友陪伴着我，一起面對挑戰，那就是我的小號。

這支小號身穿金黃色外衣，能發出優美聲音。因為這是我一年級開始學樂器時，爸爸給我的禮物，所以我很珍惜它。

每次我拿起小號，都感覺到它冰冰涼涼的，表面很平滑，手感舒適。小號的頭頂有一隻小喇叭，像一朵美麗的牽牛花。金黃色的身體細細長長的，上面有三個圓圓的按鈕，就像衣服上漂亮的鈕扣。每當我演奏時，這些「鈕扣」就會歡快地跳起舞來。在小號的末端有一條短短粗粗的小尾巴——號嘴，有了它，才能把氣流吹入管內，發出優美的聲音。

有一次，因為我的默書成績很差，媽媽大發雷霆把我教訓了一頓。我很生氣，也感到很委屈，心情沉重地回到房間。正當我悶悶不樂地坐在角落裏發呆時，突然看到牀邊放着爸爸送給我的小號，我小心翼翼地把它打開，輕輕地拿在手上吹奏起來。它發出的每一個聲音都帶着柔和的節奏，像一句句慰藉人心的語句，把煩惱一一吹散。

從此，我和小號之間有了獨特的感情。當我開心時，我會吹一首快樂的樂曲，讓整個房間都充滿了歡樂；當我遇到傷心事時，我會吹一首抒情的音樂來安慰自己.....它是我的好朋友，為我分擔憂愁，分享快樂。

我很珍惜它，所以我經常把它放在一個堅固的黑色盒子。我之後都會珍惜它，因為它是我第一次學樂器的禮物，也是我的朋友。

《音樂盒的魔力》

6A 張雅雪

每當我踏入家門，看到那個引人注目的音樂盒，沉重的壓力便隨即被拋諸腦後.....

這個圓圓的音樂盒就像一個水晶球，十分細緻輕巧。它是有一次我和家人去北海道旅遊時買下的紀念品。現在，它的玻璃上已經滿布灰塵，就像鋪了一層層厚厚的積雪。

有一次回家後，我發現有上千萬份功課要做，幾乎堆滿了整張桌子。因此，我就像一枚火箭一樣，不斷勤力地做，愈快愈好。可是到了晚上，我還沒完成中文作文，因為一直也沒有寫作靈感。之後，我看到這個音樂盒，裏面那座旋轉木馬十分閃亮。木馬的花紋十分精緻，一看就知道是一位技術高超的雕刻家雕出來的，就像一個舉世無雙的立體創作。整體看，旋轉木馬主要是白色、銀色和藍色，和主題樂園裏的旋轉木馬大同小異。

我不期然地沉醉其中，整个人奇妙地從愁眉苦臉變成如釋重負。接着，我把音樂盒旋轉，聽着宮崎駿《崖上的波兒》的主題曲，十分放鬆。這首美妙動聽的歌就像莫札特演奏出來的音樂，令人陶醉。一瞬間，所有作文的靈感都浮現在腦海裏。就算我之後再有多少寫作上的問題，轉一轉音樂盒就解決了。轉眼間，我便完成了這份作文，所有煩惱也消失了。就這樣，音樂盒就成為了我的靈丹妙藥，因此我十分珍惜它。

還記得有一次，我養的那些色彩繽紛、淘氣的鸚鵡十分吵鬧，吱吱喳喳地叫個不停，就像一個個憤怒的小流氓在破口大罵。他們的叫聲如同大聲的廣播器，令人煩躁。這時候我拿出「武器」——玩具車來嚇牠們，怎知牠們不是靜下來，而是不斷、更大聲地叫，仿佛說：「救命！救命！」之後，我嘗試了好幾個方法，但都失敗。我心想：怎麼辦？應怎麼辦呢？

突然，我靈光一閃，想到用音樂盒那些平靜的音樂去解決。我一轉動它，它便發出清脆的聲音，令我十分享受。音樂十分平靜，如同一脈細水長流的小河，緩緩地流淌，令人靜下來，我的鸚鵡由煩躁變成放鬆，叫聲由大聲變成寂靜無聲，幾乎靜得連自己的心跳都聽得一清二楚。原來神奇的音樂盒不但能令我放鬆，還能令鳥類平靜下來，真是最佳的心理輔導員。

經過這兩件事後，我便愛上音樂盒了。我愛它的美麗，愛它的音樂，更愛它能令人平靜、放鬆的魔力。同時我也明白了，我們應該像音樂盒一樣，無論遇到甚麼情況，也不用太過緊張，要學會放鬆，否則只會不知所措，一事無成。

我愛我的音樂盒！

《我的大提琴》

6A 蔡炳昊

在遙遠的未來，即使我奏遍了各種型號的樂器，我也不會忘記那把陪伴了我三年的大提琴。

自從我看到這把大提琴，我就喜歡上了它。我初見到它時，它深棕色的琴身和我的身高差不多。如果輕輕地敲打它，它會發出「咚咚」的響聲。聲音之清脆與悅耳的木魚聲匹敵。每當我用弓奏出音樂時，它的渾厚、響亮的聲音，如使用了音響喇叭般傳到房間的每個角落。在我看來，它時而似歌唱家，唱出充滿感情的曲子；時而似一名社區義工，傾聽並幫我排憂解難；更似一位武功高手，有我琢磨不透的奧秘，待我一點一滴地探索。

然而，歲月無情地在琴上留下了印記.....琴弦上的白色粉末、琴頭被磨圓了的棱角，還有那次意外導致裂開的琴身.....記得去年參加的文藝匯演，我選擇了一首困難的曲目，經多次練習，我信心十足地準備上台。可是，我在後台準備時，我的琴被我不小心磕了桌角一下。「咚」——琴身的側面裂開了一條縫；其他同學倒吸一口氣，其中一位對我說：「你快把音調對，不然.....」不等他說完，幕布已被拉開。我們走上了舞台，坐在台上，我焦慮不安地看著我的琴和觀眾，深呼吸數次，卻還清晰地感受到心跳。很快輪到我了，我緊抵着唇，拉出第一個音.....大提琴的音色不變，琴聲依舊悠揚！它就是在對我說：「負傷也要前進，你可以完成表演的！」受鼓舞的我激動不已，我拉着弓弦與大提琴一起完成這激昂的樂章。不一會，演出完成，我輕拍着戰友，喃喃地說：「你做得很好！」那一刻，大提琴成為了我真正的伙伴、永遠支持我的朋友，理解我的家人.....

這把琴，我一輩子也忘不掉。在美麗的春天，它像一個相機，讓我記錄美好；在炎熱的夏天，它似一瓶冰水，滋潤我的心田；在衰敗的秋天，它像一把掃把，清去我心裏的落葉；在寒冷的冬天，它如一件毛衣，給我前進的勇氣.....

Birthday Poems By 6A

6A Tang Tina

My birthday party started happily.

I wanted to eat my birthday cake but I should wait for it patiently.

My friends played balloons with me. Lovely!

Although mum said, "Don't play too loudly."

I was still jolly.

Because my presents were funny.

6A Chan Chung Yan

It's my birthday party! For God's sake!

Hope it's not too tarty, the cake!

Suddenly pop go the balloons!

The gifts go kaboom!

Hope the smell is pleasant!

Time to open up the presents!

6A Chan Hay Lam

It is my birthday cake

More balloons to take

Have a party happily

Get presents patiently

There are jelly beans to eat

You can be jolly to grab a seat

6A Tsai Bing Hao

It was my birthday party. I accepted a present from my friend-

a cake made out of balloons, happily.

I said friendly to my friend,

'I don't want the cake to spoil the joy.'

'Eat the balloon cake with jelly, boy,'

he said firmly.

6A Cheung Nga Suet

Pop the balloons in the party enjoyably.

Open the presents. Thank them politely.

Make a wish and blew the candles, jolly!

Don't forget to eat the birthday cake delightfully!

A diary entry

4B Pang Yuet Kiu Candice

1st October

Friday

Weather: Sunny

Today Kelly and I went home together. I bought a new basketball at Great Department Store. On the way home, I saw my classmates near the basketball court. They asked me if I wanted to play basketball in the basketball court. I agreed. At the end, I won the basketball competition! I felt joyful and played with the ball with Kelly when I was heading home.

When I passed the ball to Kelly, she accidentally rolled the ball down the road. I ran as fast as I can to take my ball back. Suddenly, an old man shouted, 'Wait. There is a car rushing towards you!' But it was all too late. The car crashed on me! The car stopped. Kelly and the old man came to comfort me. Kelly said, 'Are you okay? It will be fine.' The car driver went out of the car and called the ambulance at once. I was very afraid because I was bleeding. Then, I arrived at Sunny Hospital. The doctor helped me do an X-ray check and luckily I just hurt my knee. After a while, my mum and dad came to visit me. I felt ashamed of being so careless.

I feel regretful that I can't fall asleep. I learned that I should be more cautious in the future.

《暑假裏的一天》

3C 李旻洛

這真是刺激的一天！今年暑假，我和爸媽一起去了日本旅行。日本真是個多姿多彩的國家，有美味的食物，有古老的建築物，還有人山人海的百貨公司。

當天是我的生日，我到大阪玩刺激的攀石遊戲，我看到七彩繽紛的攀石設施。另外，我聽到人們的尖叫聲，這聲音讓我又驚又喜。最後，我戰戰兢兢地攀上高峰，我興奮地說：「我成功了！」

這是我努力嘗試的成果，我終於成功攀上最高峰。我明白到凡事要成功，必須先經過努力。這次旅行真開心，期待下年可以再去日本旅行。

編者的話

楊庭拔老師

許多同學都認為寫作很難，往往苦無靈感，難以下筆。你有沒有想過到底「靈感」從何而來？是與生俱來的，還是從課本中學習的？其實，靈感是從生活中得來的，只要你多觀察生活中的大小事，對接觸到的人和物抱持好奇的態度，用心去感受、體會身邊的一切，時常反思和聆聽自己的心聲，相信你能思如泉湧。這一期投稿的同學正做到以上幾點，他們的作品題材其實十分平凡，或是生活的瑣事，如生病、參觀，或是日常生活中常見的物件，如樂器、擺設，然而他們用心地觀察、欣賞、感受，於是寫出了精彩而有共鳴的文章。希望各位同學從現在開始打開心靈之窗，把所思所感躍於紙上，你會發現，其實寫作一點也不困難，反而是一大樂事呢！期待收到更多你們的作品！

編輯委員會

顧問：張麗珠校長

總編輯：楊庭拔老師、文惠紅老師

編輯：黃雪兒主任、鄒海怡主任、池政老師、張珮晴老師、周依亭老師

